



COURSE OUTLINE

MASTER PROGRAM	CREATIVE AND ADAPTED PHYSICAL EDUCATION

1. GENERAL

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SCHOOL	PHYSICAL EDU	JCATION AND	SPORT SCIENC	ES	
DEPARTMENT	PHYSICAL EDUCATION AND SPORT SCIENCES				
LEVEL OF STUDIES	POSTGRADUATE – LEVEL 7				
COURSE CODE	P206 SEMESTER 2 nd				
COURSE TITLE	INTERNSHIP I				
TEACHING ACTIVITIES If the ECTS Credits are distributed in distinct parts of the course e.g. lectures, labs etc. If the ECTS Credits are awarded to the whole course, then please indicate the teaching hours per week and the corresponding ECTS Credits.			TEACHING HOURS PER WEEK		ECTS CREDITS
		3		10	
Please, add lines if necessary. Teaching methods and organization of					
the course are described in section 4.					
COURSE TYPE	SPECIALIZATION: SPECIAL PHYSICAL EDUCATION				
Background, General Knowledge, Scientific Area, Skill Development					
Area, Skill Development	(Skills development)				
PREREQUISITES:					
TEACHING & EXAMINATION	GREEK				
LANGUAGE:					
COURSE OFFERED TO ERASMUS	NO				
STUDENTS:	NO				
COURSE URL:	https://eclass.duth.gr/courses/PHYED5B101/				

2. LEARNING OUTCOMES

Learning Outcomes

Please describe the learning outcomes of the course: Knowledge, skills and abilities acquired after the successful completion of the course.

The purpose of the internship is that the students:

- a. observe evaluating practices on children and adolescents in Centers of Educational and Consulting Support , in Medical Educational Service Centers of the National Health Ministry, in Municipal Consulting Services, in Communal Centers of Mental Health
- b. observe courses of Physical Education in Special Education Scholar Units, as well as in schools functioning in public hospitals; exercise programs for people with special needs in public or private entities supervised by the Ministry of Labour and Social Affairs
- c. participate in interdisciplinary approach programs for students with disability and/or special educational needs

After the successful completion of the course the students will be able to:

- 1. Know and understand the principles of observation and documentation of the kinetic behavior and fitness of students with disability and/or special educational needs
- 2. Know and understand the principles of observation and documentation of the students' ability to communicate with the teacher, to create relations with other students, as well as those of the cognitive level of students with disability and/or special educational needs
- 3. Distinguish evaluating methods concerning abilities, adaptive functionality, behavior and feelings issues of people with disability and/or special educational needs.

General Skills

Name the desirable general skills upon successful completion of the module







Search, analysis and synthesis of data and information,

ICT Use

Adaptation to new situations

Decision making

Autonomous work Teamwork

Working in an international environment

Working in an interdisciplinary environment

Production of new research ideas

Project design and management

Equity and Inclusion

Respect for the natural environment

Sustainability

Demonstration of social, professional and moral responsibility and

sensitivity to gender issues

Critical thinking

Promoting free, creative and inductive reasoning

Search, analysis and synthesis of data and information, using the necessary technologies Autonomous work

Teamwork

Demonstration of social, professional and ethical responsibility and sensitivity to gender issues

Exercise of criticism and self-criticism

Promotion of free, creative and inductive thinking

Respect of diversity and multiculturalism.

3. COURSE CONTENT

- 1. Internship Regulation I- Content of Internship I
- 2. Evaluation in Special Education
- 3. Selection criteria of the correct test for scoring and evaluating students with disability and/or special educational needs.
- 4. Observation and documentation of the students' ability to communicate with the teacher, to create relations with other students, as well as those of the cognitive level of students with disability and/or special educational needs
- 5. Motor skills assessment tests
- 6. Fitness assessment tests
- 7. Group athletic activity skills tests
- 8. Behavior and social skills evaluation
- 9. Attitudes of students towards Physical Education
- 10. Motivating principles for students with disability and/or special educational needs towards the physical education
- 11. Use of new technologies in the education students with disability and/or special educational needs
- 12. Feedback Overall assessment of the Internship I
- 13. Feedback Student overview Overall assessment of the Internship I

4. LEARNING & TEACHING METHODS - EVALUATION

TEACHING METHOD	Distance Learning
Face to face, Distance learning, etc.	
USE OF INFORMATION &	Use of ICT in Teaching and Communicating with
COMMUNICATIONS TECHNOLOGY	students
(ICT)	
Use of ICT in Teaching, in Laboratory	
Education, in Communication with students	







TEACHING ORGANIZATION	Activity	Workload/semester
The ways and methods of teaching are described in detail. Lectures, Seminars, Laboratory Exercise, Field Exercise, Bibliographic research & analysis, Tutoring, Internship (Placement), Clinical Exercise, Art Workshop, Interactive learning.	Lectures	26
	Study and selection of	40
	documentation	
	protocols	
Study visits, Study / creation, project, creation,	Observation and	120
project. Etc.	protocol filling	
The supervised and unsupervised workload per	File exection	C 1
activity is indicated here, so that total workload	File creation	64
per semester complies to ECTS standards.		
	TOTAL LESSON	250
	TOTAL LESSON	250

STUDENT EVALUATION

Description of the evaluation process

Assessment Language, Assessment Methods, Formative or Concluding, Multiple Choice Test, Short Answer Questions, Essay Development Questions, Problem Solving, Written Assignment, Essay / Report, Oral Exam, Presentation in audience, Laboratory Report, Clinical examination of a patient, Artistic interpretation, Other/Others

Please indicate all relevant information about the course assessment and how students are informed At the end of Internship I, students are obliged to deliver a work file that will include:

- 1. the attendance registers signed by the Head of the Facility and by the Internship Supervisor,
- 2. the daily activities logs, with their reflection on them.
- a final report, which will include, on the one hand, the scientific approach adopted and on the other hand, the overall recording of activities within the practical exercise structure.

5. SUGGESTED BIBLIOGRAPHY







- 1. Davis W., et al. (2013). Cerebral Palsy Quality of Life Questionnaire for Children (CP QOL-Child) Manual. Melbourne: University of Melbourne. https://www.ausacpdm.org.au/wp-content/uploads/2019/01/CPQOL-Child-manual.pdf
- 2. Horvart M., Block M., & Kelly L. (2011). Μέτρηση και αξιολόγηση στην προσαρμοσμένη κινητική αγωγή.. Μετ. Σκορδίλης Εμ., & Γραμματοπούλου Ε. Εκδ. Τελέθριον, Αθήνα
- 3. Kesumawati et al., (2018). Fundamental Movement Skills Game on Intellectual Disability Children in Primary Special Education. *Advances in Health Science Research*, 12, 77-80.
- 4. Machek, et al., (2008). The Effects of a Supervised Resistance-Training Program on Special Olympics Athletes. *Journal of Sport Rehabilitation*, 17, 372-379.
- 5. Obst, B., & Patty Porter, P., A guide for school personnel working with students with spinal cord

https://www.kennedykrieger.org/sites/default/files/library/documents/community/specialized -health-needs-interagency-collaboration-shnic/guide-school-personnel-spinal-cord-injuries.pdf

6. Palisano, R., Rosenbaum, P., Bartlett, D., & Livingston, M., (2007). Gross Motor Function Classification System Expanded and Revised.

https://www.canchild.ca/system/tenon/assets/attachments/000/000/058/original/GMFCS-ER English.pdf

- 7. Sherrill, C., (2015). Adapted Physical Activity Recreation and Sport. Cross disciplinary and Lifespan. 6th Ed. Επιμ. Ευαγγελινού Χ. Εκδ. Πασχαλίδη Αθήνα
- 8. Special Olympics : http://www.specialolympics.org/
- 9. Tveter et al., (2014). Health-Related Physical Fitness Measures: Reference Values and Reference Equations for Use in Clinical Practice. <u>Archives of Physical Medicine and Rehabilitation</u>, 95 (7), 1366-1373.
- 10. Waninge A., (2011). Measuring physical fitness in Persons with Severe/Profound Intellectual and Multiple disabilities. https://www.hanze.nl/assets/kc-cares/transparante-zorgverlening/Documents/Public/Proefschrift%20Waninge.pdf
- 11. Winnick, J., & Porretta, D. (Eds.). (2016). Adapted Physical Education and Sport, *6E*. Human Kinetics.
- 12. Zittel, L., Pyfer, J., & Auxter, D. (2016). Principles and Methods of Adapted Physical Education & Recreation. Jones & Bartlett Publishers.







ANNEX OF THE COURSE OUTLINE

Alternative ways of examining a course in emergency situations

Teacher (full name):	Antonios Kambas, Professor
Contact details:	akampas@phyed.duth.gr
Supervisors: (1)	NO
Evaluation methods: (2)	 At the end of Internship I, students are obliged to deliver a work file that will include: 4. the attendance registers signed by the Head of the Facility and by the Internship Supervisor, 5. the daily activities logs, with their reflection on them. a final report, which will include, on the one hand, the scientific approach adopted and on the other hand, the overall recording of activities within the practical exercise structure
Implementation	·
Instructions: (3)	

- (1) Please write YES or NO
- (2) Note down the evaluation methods used by the teacher, e.g.
 - written assignment or/and exercises
 - written or oral examination with distance learning methods, provided that the integrity and reliability of the examination are ensured.
- (3) In the Implementation Instructions section, the teacher notes down clear instructions to the students:
 - a) in case of written assignment and / or exercises: the deadline (e.g. the last week of the semester), the means of submission, the grading system, the grade percentage of the assignment in the final grade and any other necessary information.
 - b) in case of **oral examination with distance learning methods:** the instructions for conducting the examination (e.g. in groups of X people), the way of administration of the questions to be answered, the distance learning platforms to be used, the technical means for the implementation of the examination (microphone, camera, word processor, internet connection, communication platform), the hyperlinks for the examination, the duration of the exam, the grading system, the percentage of the oral exam in the final grade, the ways in which the inviolability and reliability of the exam are ensured and any other necessary information.
 - c) in case of **written examination with distance learning methods**: the way of administration of the questions to be answered, the way of submitting the answers, the duration of the exam, the grading system, the percentage of the written exam of the exam in the final grade, the ways in which the integrity and reliability of the exam are ensured and any other necessary information.

There should be an attached list with the Student Registration Numbers only of students eligible to participate in the examination.

