

COURSE OUTLINE

MASTER PROGRAM	CREATIVE AND ADAPTED PHYSICAL EDUCATION
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1. GENERAL

SCHOOL	SCHOOL OF PHYSICAL EDUCATION AND SPORT SCIENCE		
DEPARTMENT	DEPARTMENT OF PHYSICAL EDUCATION AND SPORT SCIENCE		
LEVEL OF STUDIES	POSTGRADUATE - LEVEL 7		
COURSE CODE	ΠΕ10	SEMESTER	3 rd
COURSE TITLE	Alternative Approaches to the Organization and Management of the Physical Education course		
TEACHING ACTIVITIES		TEACHING HOURS PER WEEK	ECTS CREDITS
<i>If the ECTS Credits are distributed in distinct parts of the course e.g. lectures, labs etc. If the ECTS Credits are awarded to the whole course, then please indicate the teaching hours per week and the corresponding ECTS Credits.</i>		3	10
<i>Please, add lines if necessary. Teaching methods and organization of the course are described in section 4.</i>			
COURSE TYPE	ELECTIVE COURSE SPECIALIZATION: CREATIVE PHYSICAL EDUCATION		
<i>Background, General Knowledge, Scientific Area, Skill Development</i>			
PREREQUISITES:	NO		
TEACHING & EXAMINATION LANGUAGE:	GREEK ENGLISH FOR ERASMUS+ STUDENTS		
COURSE OFFERED TO ERASMUS STUDENTS:	YES		
COURSE URL:	https://eclass.duth.gr/courses/PHYED5D105/		

2. LEARNING OUTCOMES

Learning Outcomes		
<i>Please describe the learning outcomes of the course: Knowledge, skills and abilities acquired after the successful completion of the course.</i>		
<p>The purpose of the course is to properly educate students in alternative approaches to the Physical Education course. In particular, students will be trained in the planning, organization and implementation of alternative methods, ways and means in order to approach the objectives of Physical Education responding to modern challenges both in school environment and in general educational settings.</p> <p>After completing the course, students will be able to:</p> <ul style="list-style-type: none"> • Understand the theoretical background of lessons organization with specific learning objectives • Evaluate and manage social, emotional and psychological assessment data • Plan and implement daily lessons according to the subjects' objectives. 		
General Skills		
<i>Name the desirable general skills upon successful completion of the module</i>		
<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; vertical-align: top;"> <i>Search, analysis and synthesis of data and information, ICT Use Adaptation to new situations Decision making Autonomous work Teamwork Working in an international environment Working in an interdisciplinary environment Production of new research ideas</i> </td> <td style="width: 50%; vertical-align: top;"> <i>Project design and management Equity and Inclusion Respect for the natural environment Sustainability Demonstration of social, professional and moral responsibility and sensitivity to gender issues Critical thinking Promoting free, creative and inductive reasoning</i> </td> </tr> </table>	<i>Search, analysis and synthesis of data and information, ICT Use Adaptation to new situations Decision making Autonomous work Teamwork Working in an international environment Working in an interdisciplinary environment Production of new research ideas</i>	<i>Project design and management Equity and Inclusion Respect for the natural environment Sustainability Demonstration of social, professional and moral responsibility and sensitivity to gender issues Critical thinking Promoting free, creative and inductive reasoning</i>
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Search, analysis and synthesis of data and information, using the necessary technologies
 Autonomous work
 Teamwork
 Demonstrating social, professional and ethical responsibility and sensitivity to gender issues
 Exercise criticism and self-criticism
 Promotion of free, creative and inductive thinking
 Respect for diversity and multiculturalism

3. COURSE CONTENT

1. Practice organization & motivation-methods (theory)
2. Practice organization & motivation-methods (practice)
3. Dramatization & theatrical play (theory)
4. Dramatization & theatrical play (practice)
5. Special topics related to the Physical Education course
6. Encouraging student participation with new sports and games that are not included in the physical education curriculum
7. Developing psychological, emotional and social skills through sports and games, (theory)
8. Developing psychological, emotional and social skills through literary scenarios & cross thematic approaches (practice)
9. Planning and Organizing school events (excursions, celebrations, school championships) (theory)
10. Planning and Organizing school events (practice)
11. Active breaks in the schoolyard and in the classroom (theory)
12. Active breaks in the schoolyard and in the classroom (practice)
13. Summary, presentation of work, feedback

4. LEARNING & TEACHING METHODS - EVALUATION

TEACHING METHOD <i>Face to face, Distance learning, etc.</i>	Distance	
USE OF INFORMATION & COMMUNICATIONS TECHNOLOGY (ICT) <i>Use of ICT in Teaching, in Laboratory Education, in Communication with students</i>	Use of ICT in Teaching and in communication with students	
TEACHING ORGANIZATION <i>The ways and methods of teaching are described in detail. Lectures, Seminars, Laboratory Exercise, Field Exercise, Bibliographic research & analysis, Tutoring, Internship (Placement), Clinical Exercise, Art Workshop, Interactive learning, Study visits, Study / creation, project, creation, project. Etc. The supervised and unsupervised workload per activity is indicated here, so that total workload per semester complies to ECTS standards.</i>	Activity	Workload/semester
	Lectures	50
	Literature review	70
	Individual project	45
	Group project	47
	Project presentation	35
	Examen	3
	Total	250

STUDENT EVALUATION

Description of the evaluation process

Assessment Language, Assessment Methods, Formative or Concluding, Multiple Choice Test, Short Answer Questions, Essay Development Questions, Problem Solving, Written Assignment, Essay / Report, Oral Exam, Presentation in audience, Laboratory Report, Clinical examination of a patient, Artistic interpretation, Other/Others

Please indicate all relevant information about the course assessment and how students are informed

Formative

Midterm online exam (40%)

Group assignment: teaching scenario creation. (40%)

Portfolio delivery (20%)

5. SUGGESTED BIBLIOGRAPHY

1. Bandura, (1986). *Social Foundations of thought and action*. Englewood Cliffs: NJ: Prentice Hall.
2. Bandura, (1997). *Self-efficacy. The exercise of control*. New York: W.H. Freeman.
3. Cooper J. C. (1998). *Ο θαυμαστός κόσμος των παραμυθιών*. Θυμάρι.
4. Epstein, J.L. (1992). School and family partnerships, στο Alkin, M. (ed.), *Encyclopedia of Educational Research*. New York: MacMillan, 6η έκδοση, 1139-1151.
5. Gardner, H. (1983). *Frames of Mind: The Theory of Multiple Intelligences*. New York: Basic Books.
6. Goleman, D. (1998). *Η Συναισθηματική Νοημοσύνη*. Ελληνικά Γράμματα.
7. Kaslow, W., & Schwartz, L. (1987). *The dynamics of divorce. A life cycle perspective*. New York: Bruner/Mazel.
8. Ματσαγγούρας, Η. (2002). *Η Διαθεματικότητα στη σχολική γνώση. Εννοιοκεντρική αναπλαισίωση και Σχέδια Εργασίας*. Αθήνα: Γρηγόρης.
9. Smith, R.E., Smoll, F.L., Schutz, R.W. & Placek, J.T. (1995). Development and validation of a multidimensional psychological skills. The athletic coping skills inventory-28. *Journal of Personality and Social Psychology*, 379-398.
10. Salovey, P. & Mayer, J.D. (1990). Emotional intelligence. *Imagination, Cognition, and Personality*, Vol. 9, 185-211.
11. Φίσερ, Ρ. (2007). *Ο ιπότης με τη σκουριασμένη πανοπλία*. Opera.
12. Χρυσ αφίδης, Κ. (2006). *Βιωματική-Επικοινωνιακή Διδασκαλία*. Αθήνα: Gutenberg.

ANNEX OF THE COURSE OUTLINE

Alternative ways of examining a course in emergency situations

Teacher (full name):	Nerantzoula Koufou
Contact details:	nkoufou@phyed.duth.g
Supervisors: (1)	YES
Evaluation methods: (2)	Oral by distance examination methodology
Implementation Instructions: (3)	The examination in the course will be held in groups of 5 students, on the day of the course examination, according to the examination schedule. The exam will start at 9 a.m. and every half hour according to the order in which the names of the students appear in the list of participants. The on-line exam will take place via Microsoft Teams platform. The link will be sent to students via eclass exclusively to the institutional accounts of those who have registered for the course and have taken note of the distance learning terms. Students must log in to the exam room through their institutional account, otherwise they will not be able to participate. They will also participate in the examination with a camera which they will have open during the examination process. Before the start of the exam, students will show their ID to the camera so that they can be identified. Each student will have to answer 4 questions. The separate question value equals to 2.5 points.

(1) Please write YES or NO

(2) Note down the evaluation methods used by the teacher, e.g.

- *written assignment* or/and exercises
- written or oral examination with distance learning methods, provided that the integrity and reliability of the examination are ensured.

(3) In the **Implementation Instructions** section, the teacher notes down clear instructions to the students:

a) in case of **written assignment and / or exercises**: the deadline (e.g. the last week of the semester), the means of submission, the grading system, the grade percentage of the assignment in the final grade and any other necessary information.

b) in case of **oral examination with distance learning methods**: the instructions for conducting the examination (e.g. in groups of X people), the way of administration of the questions to be answered, the distance learning platforms to be used, the technical means for the implementation of the examination (microphone, camera, word processor, internet connection, communication platform), the hyperlinks for the examination, the duration of the exam, the grading system, the percentage of the oral exam in the final grade, the ways in which the inviolability and reliability of the exam are ensured and any other necessary information.

c) in case of **written examination with distance learning methods**: the way of administration of the questions to be answered, the way of submitting the answers, the duration of the exam, the grading system, the percentage of the written exam of the exam in the final grade, the ways in which the integrity and reliability of the exam are ensured and any other necessary information.

There should be an attached list with the Student Registration Numbers only of students eligible to participate in the examination.