



COURSE OUTLINE

MASTER PROGRAM	CREATIVE AND ADAPTED PHYSICAL EDUCATION

1. GENERAL

SCHOOL	PHYSICAL EDUCATION AND SPORT SCIENCE				
DEPARTMENT	PHYSICAL EDUCATION AND SPORT SCIENCE				
LEVEL OF STUDIES	POSTGRADUATE -LEVEL 7				
COURSE CODE	П101		SEMESTER 1st		
COURSE TITLE	DIDACTICAL APPROACHES AND LEARNING ENVIRONMENT IN PHYSICAL EDUCATION AND ADAPTED PHYSICAL EDUCATION				
TEACHING ACT If the ECTS Credits are distributed in di- lectures, labs etc. If the ECTS Credits course, then please indicate the teach corresponding ECT	stinct parts of the are awarded to ning hours per we	TEACHING HOURS PER WEEK	EC	TS CREDITS	
-			3		10
Please, add lines if necessary. Teaching methods and organization of the course are described in section 4.					
COURSE TYPE Background, General Knowledge, Scientific Area, Skill Development	MANTATORY CORE COURSE FOR BOTH SPECIALIZATIONS				
PREREQUISITES:	NO				
TEACHING & EXAMINATION	GREEK				
LANGUAGE:	ENGLISH FOR ERASMUS+ STUDENTS				
COURSE OFFERED TO ERASMUS STUDENTS:	YES				
COURSE URL:	eclass.duth.gr/courses/GYM118/				

2. LEARNING OUTCOMES

Learning Outcomes

Please describe the learning outcomes of the course: Knowledge, skills and abilities acquired after the successful completion of the course.

The purpose of the course is the acquisition of specific knowledge and skills related to the selection and application of contemporary and appropriate approaches, for the achievement of each educational and individual goal in Physical Education, while creating a positive, supportive and physically and emotionally safe environment for all students at all grade levels of General and Special Education.

Theoretical concepts related to teaching for holistic development, constructivist learning, non-exclusion, differentiated teaching and inclusive education will be mentioned.

Examples will be presented and created by the participants for students with and without disabilities or special educational needs in General and Special Education.

After successful completion of the course students will be able to:

- create a positive, safe and supportive learning environment in both General and Special Education.
- choose the most appropriate teaching approaches, depending on the goals to be achieved, the nature of the activities, the interests and needs of all students, in Education and Special Education.
- plan/implement activities, incorporating a variety of teaching strategies, aimed at the inclusion and personal, all-round improvement of all their students.
- evaluate the selection of teaching approaches and their use in teaching children with and without disabilities or special educational needs.







Equity and Inclusion

Sustainability

General Skills

Name the desirable general skills upon successful completion of the module

Search, analysis and synthesis of data and information, Project design and management

ICT Use

Adaptation to new situations Respect for the natural environment

Decision making

Autonomous work Demonstration of social, professional and moral responsibility and

Teamwork sensitivity to gender issues

Working in an international environment Critical thinking

Working in an interdisciplinary environment Promoting free, creative and inductive reasoning

Production of new research ideas

Autonomous work

Teamwork

Demonstration of social, professional and moral responsibility and sensitivity to gender issues

Search, analysis and synthesis of data and information, ICT Use

Exercise criticism and self-criticism

Promotion of free, creative and inductive reasoning

Respect for natural environment

3. COURSE CONTENT

1. Effective Teaching. Creating a positive learning environment

- 2. Teaching strategies in Physical Education
- 3. Interdisciplinary Teaching
- 4. Strategies for teaching educational games
- 5. Theories of teaching and learning I & II
- 6. Teaching approaches for the development of social skills
- 7. Didactic approaches for the development of thinking and multiple intelligences
- 8. Teaching for the development of motor skills and health-related fitness
- 9. Adapted Education-Modern trends in Adapted Education
- 10. Adapted Physical Education for students with disabilities and/or special educational needs
- 11. Physical Education programs for people with disabilities and/or special educational needs
- 12. Sports and people with disabilities
- 13. Summary, students' presentations, feedback

4. LEARNING & TEACHING METHODS - EVALUATION

TEACHING METHOD	Distance Learning
Face to face, Distance learning, etc.	-
USE OF INFORMATION &	Use of ICT in Teaching and Communication with
COMMUNICATIONS TECHNOLOGY	students
(ICT)	
Use of ICT in Teaching, in Laboratory	
Education, in Communication with students	







		TEA	CHING C	DRG	IANIZATI	ON
The	ways	and	methods	of	teaching	are
desc	ribed in	detai	<i>I</i> .			

Lectures, Seminars, Laboratory Exercise, Field Exercise, Bibliographic research & analysis, Tutoring, Internship (Placement), Clinical Exercise, Art Workshop, Interactive learning, Study visits, Study / creation, project, creation, project. Etc.

The supervised and unsupervised workload per activity is indicated here, so that total workload per semester complies to ECTS standards.

Activity	Workload/semester
Lectures	50
Literature review	70
Individual project	45
Group project	47
Project presentation	35
Examen	3
Total	250

STUDENT EVALUATION

Description of the evaluation process

Assessment Language, Assessment Methods, Formative or Concluding, Multiple Choice Test, Short Answer Questions, Essay Development Questions, Problem Solving, Written Assignment, Essay / Report, Oral Exam, Presentation in audience, Laboratory Report, Clinical examination of a patient, Artistic interpretation, Other/Others

Please indicate all relevant information about the course assessment and how students are informed

Formative

Assignment on a specific date within the semester (55%)

Assignment on a specific date at the end of the semester (35%)

In-class activities and presentation (10%)

5. SUGGESTED BIBLIOGRAPHY







UNIT A

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- 4. Γώτη, Ε. Δέρρη, Β. & Κιουμουρτζόγλου, Ε. (2006). Γλωσσική ανάπτυξη παιδιών προσχολικής ηλικίας μέσω της φυσικής αγωγής. Αναζητήσεις στη Φυσική Αγωγή και τον Αθλητισμό, 4(3), 371-378. http://old.pe.uth.gr/hape/images/stories/emag/vol4 3/hape155.pdf
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- 7. Δέρρη, Β., Εμμανουηλίδου, Κ. & Βασιλειάδου, Ο. (2014). Το Νέο Πρόγραμμα Σπουδών για το μάθημα της Φυσικής Αγωγής στο Δημοτικό. *Οδηγός για τον εκπαιδευτικό*. http://repository.edulll.gr/edulll/handle/10795/1892.
- 8. Δέρρη, Β., Τζέτζης, Γ., & Παπαμίχου, Α. (2018). Η επίδραση ενός εξ αποστάσεως επιμορφωτικού προγράμματος στην εφαρμογή εποικοδομητικών στρατηγικών διδασκαλίας από εκπαιδευτικούς Φυσικής Αγωγής. Άθληση και Κοινωνία, 6, 44-56. http://ojs.staff.duth.gr/ojs/index.php/ExSoc 3
- 9. ΙΕΠ/ΥΠΑΙΘ (2021). Νέα Προγράμματα Σπουδών. Φυσική Αγωγή Δημοτικού. Φυσική Αγωγή Γυμνασίου. Φυσική Αγωγή Λυκείου.
- 10. http://iep.edu.gr/el/index.php?option=com content&view=article&id=3388
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- 14. Κυργυρίδης, Π., Δέρρη, Β. & Κιουμουρτζόγλου, Ε. (2006). Παράγοντες που συμβάλλουν στην αποτελεσματική διδασκαλία της φυσικής αγωγής: ανασκοπική μελέτη. *Αναζητήσεις στη Φυσική Αγωγή και τον Αθλητισμό,* 4(3), 409-419. http://old.pe.uth.gr/hape/images/stories/emag/vol4 3/hape171.pdf
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- 20. Ζερβού, Ε., Δέρρη, Β., Πατεράκης, Α. (2004). Ανάπτυξη της γνώσης μαθητών της Δ΄ τάξης για τους αρχαίους ολυμπιακούς αγώνες, μέσω διαθεματικών κινητικών και θεωρητικών προσεγγίσεων. Αναζητήσεις στη Φυσική Αγωγή και τον Αθλητισμό, 2(2), 148-154. http://old.pe.uth.gr/hape/images/stories/emag/vol2 2/hape35.pdf

UNIT B







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- 2. Klavina, A., & Block M., (2008). The Effect of Peer Tutoring on Interaction Behaviors in Inclusive Physical Education. *Adapted Physical Activity Quarterly*, 2008, 25, 132-158.
- 3. https://pdfs.semanticscholar.org/cb60/85253a49060062aa88800c0e5c81a635831c.pdf
- Luke E. Kelly (2011). Designing and Implementing Effective Adapted Physical Education Programs.
 Sagamore Publishing LLC. https://www.sagamorepub.com/sites/default/files/2018-08/pages-adaptedpe.pdf
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- 12. Καπρίνης & Λιάκος (2016) Άθληση και Αναπηρία: Μια διδακτική προσέγγιση στο μάθημα της Φυσικής Αγωγής, για την ευαισθητοποίηση των παιδιών απέναντι στις κοινωνικές ανισότητες και τον κοινωνικό αποκλεισμό. Υσπληξ, 2, 1-15.
- 13. Κοκαρίδας, Δ. (2010). Άσκηση και αναπηρία: εξατομίκευση, προσαρμογές και προοπτικές ένταξης. Θεσσαλονίκη: Εκδόσεις Κυριακίδη.
- 14. Μιχαηλίδης Κ., (2009). Συνεκπαίδευση και Αναπηρία. Αθήνα, Παπασωτηρίου. Επιχειρησιακό Πρόγραμμα «Εκπαίδευση και δια βίου μάθηση» (2007-2013). Εξειδικευμένη Εκπαιδευτική Υποστήριξη για ένταξη μαθητών με αναπηρία ή/και ειδικές εκπαιδευτικές ανάγκες. prosvasimo.gr/docs/pdf/ΕΞΕΙΔΙΚΕΥΜΕΝΗ_ΕΚΠΑΙΔΕΥΤΙΚΗ_ΥΠΟΣΤΗΡΙΞΗ.pdf
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ANNEX OF THE COURSE OUTLINE

Alternative ways of examining a course in emergency situations

Teacher (full name):	VASILIKI DERRI, Professor
Contact details:	vaderri@phyed.duth.gr
Supervisors: (1)	YES
Evaluation methods: (2)	Oral examination by distance methods
Implementation Instructions: (3)	The examination in the course will take place in groups of 5 people on the day of the examination of the course according to the examination schedule starting from 9.00 in the morning and every half hour according to the order in which the names of the students appear in the list of participants. The exam will be conducted through MS Teams. The link will be sent to students via eclass exclusively to the institutional accounts of those who have registered for the course and have been informed of the distance learning terms. Students must log in to the exam room through their institutional account, otherwise they will not be able to participate. They will also participate in the examination having their camera opened during the examination. Before the initiation of the exam, students will show their ID to the camera so that they can be identified. Each student will have to answer four questions. Each question is graded by 2.5 points.

- (1) Please write YES or NO
- (2) Note down the evaluation methods used by the teacher, e.g.
 - written assignment or/and exercises
 - written or oral examination with distance learning methods, provided that the integrity and reliability of the examination are ensured.
- (3) In the Implementation Instructions section, the teacher notes down clear instructions to the students:
 - a) in case of **written assignment and / or exercises:** the deadline (e.g. the last week of the semester), the means of submission, the grading system, the grade percentage of the assignment in the final grade and any other necessary information.
 - b) in case of **oral examination with distance learning methods**: the instructions for conducting the examination (e.g. in groups of X people), the way of administration of the questions to be answered, the distance learning platforms to be used, the technical means for the implementation of the examination (microphone, camera, word processor, internet connection, communication platform), the hyperlinks for the examination, the duration of the exam, the grading system, the percentage of the oral exam in the final grade, the ways in which the inviolability and reliability of the exam are ensured and any other necessary information.
 - c) in case of written examination with distance learning methods: the way of administration of the questions to be answered, the way of submitting the answers, the duration of the exam, the grading system, the percentage of the written exam of the exam in the final grade, the ways in which the integrity and reliability of the exam are ensured and any other necessary information.

There should be an attached list with the Student Registration Numbers only of students eligible to participate in the examination.

